

Alexa Dominique Pascual

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ACTIVISM / POLITICS

United Nations Association of The United States of America-

Delegate for the "Global Engagement Summit"

-I was able to negotiate with my youth counterparts and UN officials on how to better enhance the feminist foreign policy. I also took part in discussions on how we can contribute to international security and what our countries can do to support nations that are in crisis in terms of humanitarian aid, military and economic development. I was also able to take part in discussions on what we can do as an alliance to help Ukraine.

Delegate for the "World Bank Youth Summit 2023" at Washington, D.C- Hallmark International Youth Group

- I will be negotiating with my international counterparts on shared interests and promote the "American Human Rights Foreign Policy". I will also be involved in discussions about the "State Budget" and what the youth can do to contribute to our nations economic well-being.

The Atlantic Forum NATO- Political Writer for Foreign Affairs and International Security

-The Atlantic Forum seeks to educate and promote cooperation among youth in NATO Allied countries and EU Member countries. In an effort to create responsible future leaders who understand foreign policy and are committed to the values of the North Atlantic Treaty and the Euro-Atlantic Community at large.

-I wrote the article "Is China a threat to NATO?" (2022)

I talked about

- The alliance between Russia and China
- Disinformation in the Chinese government
- How China spreads disinformation to the west.

SKILLS

Acrobatics

Acting

Dance

Creative Writing

Singing

Song Writing

Public Speaking

Broadcasting

Journalism

LANGUAGES

English

- How China is a threat to our national security and economic well being.
- EU trade relations with China.
- How we can prevent China from winning over the west

<https://www.atlantic-forum.com/atlantica>

United Nations Association in Canada- Youth Member

I helped out all journalists and reporters in COP 15 Biodiversity Conference including CBC News, Radio Canada, The Guardian, BBC, CTV News, China Global TV, La Presse, Toronto Star etc.

- I was part of the “Bilateral meeting” team. I assisted International Environment Ministers and Dignitaries all through out their meetings in the conference.
 - I contributed in taking part of this Bilateral meeting event by accommodating International Environment Ministers on what they needed for the day.

-Digital Equity Program (Youth Mentor)

As a youth mentor I wrote the article "The Political Struggle of Afghan Women: An Ongoing Struggle. This article focuses on why gender equality is important and how it can improve a nation's economy. This article also educates the youth via social media on what is happening in other countries. My goal is to spread awareness of the importance of women's empowerment. To help empower the next generation and to help create future leaders.

Link: <https://www.alexapascual.com/about-5-2>

-Volunteered for COP 15

-I assisted the media and all English Networks

-Helped World Leaders and Delegations at the summit.

-Delegate for WG2020-05 “Fifth Meeting of the Open-ended Working Group on the Post-2020 Global Biodiversity Framework

-Delegate for COP -15 “ Fifteenth meeting of the Conference of the Parties to the Convention on Biological Diversity (Part 2)

-Delegate for CP-MOP-10 “Tenth meeting of the Conference of the Parties serving as the meeting of the Parties to the Cartagena Protocol on Biosafety (Part 2)

Advocate via social media through Instagram and Blogging- My

Instagram username is *alexadominique.8* (70K followers)

Blog- alexapascual.com

Plastic Free Fridays (Under the Center of International Environment Law) - Advocate

Young Liberals of Canada

-I contributed in policy-making which was distributed to Parliament.
-Volunteered for Cabinet Ministers and MP's
I helped out in campaigns for

Hon. Marc Miller (Minister of Indigenous Affairs)
Hon. Melanie Joly (Minister of Foreign Affairs)
Hon. Steven Guilbeault (Minister of Environment and Climate Change)
Hon. Justin Trudeau (Prime Minister of Canada)
Hon. Mary Ng (Minister of International Trade and Export Promotion)
Hon. Pablo Rodriguez (Minister of Heritage and Quebec Lieutenant)
Rachel Bendayan (Member of Parliament for Outremont)
Emmanuela Lambropoulos (Member of Parliament for Sainte-Laurent)

Young Professionals For Foreign Policy- Youth Member

Voice In Sport- Women Empowerment Activist

-I collaborated with female athletes from around the world to preach about women empowerment internationally and locally.

-I share how we handle women's rights in North America and how our allies can adopt this strategy in their own country.

- Advocate via social media to bring awareness to the youth.
- I participate in meetings and seminars about how we can increase women's rights in our government and the artistic and athletic industry.
- Wrote the article "Women Empowerment in sports and arts."
- Wrote the article "Title IX the Federal Civil Rights Law of The United States of America. How Can This Benefit The American Feminist Foreign Policy?"

Link : <https://www.alexapascual.com/about-5-3>

EDUCATION

Indiana University East - B.S. Political Science and Government (**In progress**)

Marymount Manhattan College - International Relations and Public Affairs , Dance and Acting(**2016-2019**)

House Of Actors - Acting for film(**2020-2021**)

The Circus Arts City La TOHU (Private coaching) (**2019-Present**)

Television(I was invited as a contortionist and dancer on

these TV shows)

La semaine des 4 Julie- Noovo (Quebec) (2021)

Breakfast Television Toronto - City TV (2021)

Masked Singer Canada - TVA (2022)

Dance Competitions (2020-2021)(I participated in national dance competitions in the Acro Dance Category. Representing “Academie de Danse de Montreal”)

IDANCE Dance Competition- Best technique Acrobatic Dance Category

Reprezent Dance Competition Événements Prima Dance- Dancer

Hit the Floor Dance Competition- Dancer (Acro Dance)

The View Dance Competition - High Gold (Acro Dance)

PROJECTS AND PERFORMANCES (I performed in various corporate events. In Montreal, all my performances are choreographed by my coaches from Cirque Du Soleil)

Performed in Montreal Complettement Cirque (Contortion Aerialist) (2019)

Performed in St. John's International CircusFest (Contortion Aerialist) (2019)

Performed in Cirquantique (Contortion Aerialist) (2019)

Performed in Le Nouvel An Chinois s'en vient à grands pas. In “Place Des Arts” (Contortionist / Dancer) (2019)

Performed in the Chinese Foundation Gala (Contortionist) (2019)

Performed in the Chinese Orchid Ball YCPA for Asian Heritage month (Contortion Dancer) (2020)

(Contortion Dancer)

Women Empowerment dance project (Contortion Dancer) (2021)

Featured in “Le Droit” newspaper and nominated for “Antoine - Desilets Awards in Daily Life Category” for contortion and dance. With photographer Patrick Woodbury. (2021)

Asian Festival “ L’ete tous de les festivals” (2022)

US Figure Skating (2003-2016)

Le Petit Cirque LA - Contortion Aerialist (2018-2019)

Broadway Dance Center- Dancer (Ballet, Hip Hop, Contemporary and Jazz) (2016-2018)

Circus Warehouse (New York) - Contortion Aerialist

Academie De Danse De Montreal- Dancer

Fight Training

Academie Ness Martial trained by Ali Nestor- MMA and Kick Boxing