

Alexa Dominique Pascual

EDUCATION

American University (Upcoming Fall 2024)- Master of Arts in International Affairs: Global Governance, Politics and Security

Indiana University East Online (Current 2023-2024)

Bachelor of Science Candidate - Political Science and Government
(Courses: Gender and Politics, European Politics, European Affairs, US Politics, Women's Health, Statistical Techniques, Policy Making in the US, Middle Eastern Studies and Security Analysis)

Marymount Manhattan College (2016-2019) Major: International Relations

ACTIVISM - POLITICS

Communications Coordinator/ Public Relations Coordinator & Head Youth Advisor, In Network: National Security Academy (Globally recognized program)

-I am the program coordinator and I advise the Office of Countering Violent Extremism Director at the US Department of State, Dexter Ingram. In the program, I get the opportunity to advise officials from the US Department of State on youth issues, foreign policy, human rights, climate security, and climate change.

-As the head youth advisor, I coordinate with my fellow advisors in gathering information from young advocates from my assigned region, Europe about what affects the youth in human rights and women's rights. I use the insights I learned from advocates to advise the director on youth issues, national security and human rights. It's been a great learning experience, deepening my understanding of policy formulation and global affairs. I also manage the organization's social media, draft press releases and public relations.

Link: <https://www.alexapascual.com/innetworknationalecurityacademy>

<https://www.linkedin.com/company/in-network-org/>

<https://www.in-network.org/>

Interview at the White House

-Interviewed Amanda Mansour, Senior Director of Partnerships & Global Engagement for the National Security Council of the White House. I interviewed Amanda with a fellow member from In Network. We talked about the importance of youth involvement and women to be involved in foreign policy. We also talked about the importance of diversifying the field of national security and the importance of empowering youth to become leaders.

Link:
https://globally.mn.co/plans/418967?bundle_token=14dfe370d5ea5fd321a324c7c43e987a

Delegate & Speaker, NATO Youth Summit 2023,

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SKILLS

Policy Analysis

Policy Advising

Social Media

Communications

Public Speaking

Broadcasting

Journalism

ACTIVITIES

Mentee, Girl Security-

I gained acceptance to the winter semester program, where I will receive guidance from US government policymakers specializing in national security and counterterrorism. Additionally, I will have the opportunity to receive support to become a representative for women in this male-dominated field.

Dancer & Contortionist

- Trained by Cirque Du Soleil coaching staff

Competitions

- IDANCE
- Reprerent
- The View and Hit The Floor

TV Shows

I was a panelist with the U.S. Department of State, former Assistant Secretary of State for Europe and Eurasia, Beth Jones and The Department of Homeland Security and National Security Council Official, Russell Travers. During the panel discussion I talked about the importance of female representation in diplomacy. I also talked about the prevention of gender based violence in Ukraine and my time as a youth delegate for The World Bank. I also had the chance to tell my story about my transition from a dancer to a women's rights and youth advocate.

Links:
<https://www.dropbox.com/s/qsxq4s6v1c88r68/Alexa%20at%20the%202023%20NATO%20Youth%20Summit%20in%20DC.mp4?dl=0>;
<https://www.alexapascual.com/about-5-11>

Full Discussion: [The Everyday Practice of Democracy | 2023 NATO Youth Summit](#)

NATO Public Forum Youth Delegate-

For the NATO 75th Anniversary which is held in Washington, DC. I was chosen by the NATO Public Diplomacy Division to represent the youth at the NATO Summit and engage with officials about the importance of women's rights and youth empowerment.

Delegate, World Bank Youth Summit (2023-2024)

-I represented the Hallmark International Youth Club (USA branch) and the United States. I specialized in gender policy and youth empowerment. I was able to have discussions with my youth counterparts about the prevention of gender-based violence and the importance of creating organizations that prevent misogyny and domestic violence from occurring.

- I was able to have conversations with my Ukrainian and Afghan counterparts, about the protection of women and girls in conflict areas. I was also able to talk to World Bank officials about the importance of implementing resources for youths worldwide to get the proper education. I was also able to discuss with other advocates about the importance of diversity, because with diversity then unity could be made which could prevent conflict from occurring.

At the World Bank Summit 2024

-The theme of the summit was "Digital Transformation", I specialized in the prevention of misinformation on social media and media outlets, the prevention of misuse of AI in social media, cyber security, digital equity and women's rights in tech. I was also able to deliver a speech about my project with "In Network" on how we amplify youth voices in foreign policy, misinformation and human rights.

Link: <https://www.alexapascual.com/theworldbankyouthsummit>

Link: <https://www.alexapascual.com/2024worldbankyouthsummit>

United Nations Association of the United States of America "Press Corps" member-

As a press corps member of UNA USA, my task is to promote the importance of youth empowerment on social media and to coordinate with the communications team of the

- La semaine des 4 Julie
- Breakfast Television Toronto
- The Masked Singer Canada

Training

- The Circus Arts City La TOHU (2019-Present)
- House of Actors (2020-2021)

LANGUAGES

English

French (Basic)

UN Foundation. Throughout UN Summits our task is to spread awareness in social media about youth leadership and diplomacy. I am also tasked to improve communication about international relations and to educate the youth about the importance of foreign affairs. During GES I also got to speak to the UN Spokesperson about issues that affect the youth in terms of misinformation, human rights and foreign policy. I also got to share our insights on how we can empower youth to be in journalism and leadership.

Link: <https://www.alexapascual.com/presscorpsunausa>

MGCY & UNA-USA Delegate, United Nations General Assembly

- I met with other youth representatives from different parts of the world to discuss the significance of human rights and ways to enhance the SDG Agenda.

-I participated in conversations with advocates from around the world, UN officials and foreign ministers regarding the importance of engaging youth in preventing climate change, improving human rights, promoting peace and justice, and developing infrastructure

Link: <https://www.alexapascual.com/about-5-15>

MGCY Youth Delegate, United Nations High-Level Political Forum on Sustainable Development (2023-2024) (In Partnership with the Office of the Secretary General's Envoy of Youth)

In my capacity as a youth delegate for the HLPF Summit and the Global Climate and SDG Conference, I had the privilege of collaborating and with international advocates on issues of significance. Specifically, I worked towards increasing resources for women's rights, climate finance, and climate education. My participation in meetings with International Ministers, UN Officials, and Scholars allowed me to contribute to policy development for the UNGA and the SDG agenda

MGCY Youth Delegate for the United Nations High-Level Political Forum on Sustainable Development (2024) (In Partnership with the Office of the Secretary General's Envoy of Youth)

Representing the youth, I was able to participate in the UN High-Level Political Forum at the High-Level Ministers Meeting. I was also able to participate at the G20 Civil Society Leaders Meeting, where I was able to talk about the importance of the women's peace and security agenda and the prevention of misinformation in the media. I was also involved in meetings with the US Mission to the UN, the UK Mission to the UN, the Canadian Mission to the UN and the German Mission to the UN. I was able to talk about the importance of youth inclusion, the prevention of gender-based violence and the dangers of disinformation.

Speaker, United Nations General Assembly "International Youth Conference 8th Edition" Session 6: Implementation of Human Rights in Public Management Instruments: Youth's Voice

I spoke in a panel discussion with other young leaders about the importance of human rights and the improvement of the SDG Agenda. The conference was a UNGA side event that highlights the importance of youth leadership.

Link: <https://drive.google.com/file/d/1TJ98demOCYo52aEqHLR3PNC1DZ5qmiwb/view?usp>

[=drivesdk](#)

UN MGCY (Major Group for Children and Youth)

-Facilitator for the breakout room, for the “Youth and Global Governance” consultation. In this session, we were able to draft MGCY’s policy paper for “The Summit of the Future”.

-Selection Committee

College Ambassador, "United To Beat Malaria" UN Foundation Campaign

-As a college ambassador representing Indiana University, I empower youth to advocate for improving the health system and preventing the spread of malaria across the United States and the world. To achieve this goal, I coordinate with United To Beat Malaria and UN Foundation staffers to formulate policies to find different ways to prevent the spread of malaria.

- I collaborate with Members Of Congress to identify solutions that amplify youth voices across the State of New York and, in my district, the 12th district of New York. Furthermore, I aim to increase female representation in politics and advocacy. I also had a conversation with Congressman Jerry Nadler’s office about the importance of amplifying youth voices and the prevention of malaria, for the security of our citizens.

-As an ambassador, I also worked with Girl Up staffers to develop policies to amplify female voices locally and internationally.

Delegate for the United To Beat Malaria Leadership Summit, Washington DC (March 10, 2024)

As a college ambassador for United To Beat Malaria with the UN Foundation, I will be meeting with advocates nationwide to find different ways to prevent malaria. My task is to contribute to a proposal for congress about the prevention of the spread of malaria for the security and safety of our own citizens.

Delegate, United Nations Association of The United States of America UNA-USA Leadership Summit (2023-2024)

I participated in the UNA-USA leadership summit with other young leaders to lobby the US Congress and Senate on policies regarding women's rights, climate change, economy, and finance.

Foreign Affairs & International Security Political Writer, NATO Atlantic Forum

The Atlantic Forum seeks to educate and promote cooperation among youth in NATO Allied countries and EU Member countries.

Link: <https://www.atlantic-forum.com/atlantica/is-china-a-threat-to-nato>