

Alexa Dominique Pascual

EDUCATION

American University (2024–2026) (Current Student)

Master of Arts in International Affairs Candidate: Global Governance, Politics and Security (Global Security focus)

(Courses: US/ Russia Relations, US Counterterrorism Policy, Foreign Policy and National Security, Global History, International Economics and European Relations)

Indiana University East Online (2023–2024)

Bachelor of Science – Political Science and Government

(Courses: Gender and Politics, European Politics, European Affairs, US Politics, Women's Health, Statistical Techniques, Policy Making in the US, Middle Eastern Studies and Security Analysis)

Marymount Manhattan College (2016–2019)

Major: International Relations

ADVOCACY – POLITICS– FOREIGN AFFAIRS

US Department of State (Spring 2025 intern)

Student Internship Program (February 10 2025–April 18 2025)

Bureau of Conflict and Stabilization Operations (Reassigned) (March 7, 2025– April 18, 2025)

(Supplementary information available upon request)

Bureau of Educational and Cultural Affairs

Office of Citizen Exchanges (Cultural Program Division) (Feb 10,2025– March 6, 2025)

(Supplementary information available upon request)

United Nations Association of the United States of America

SDG # 5 Gender Equality Global Goals Ambassador (2024–2025)

My task as the Global Goals Ambassador for Gender Equality is to represent women's rights locally and internationally representing American youth at high-level UN summits. I also participate in panel discussions about the importance of female leadership and diplomacy and provide monthly reports on how gender equality in my local community is improving. I also participate in projects to educate all Americans about the importance of foreign policy in our daily lives. We have weekly calls with UNA USA to brief them on our progress on furthering the SDG agenda at the UN and in our local community.

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SKILLS

Policy Analysis

Policy Advising

Social Media

Communications

Public Speaking

Broadcasting

Journalism

ACTIVITIES

Mentee, Girl Security–

I gained acceptance to the winter semester program, where I will receive guidance from US government policymakers specializing in national security and counterterrorism. Additionally, I will have the opportunity to receive support to become a representative for women in this male-dominated field.

Certification:

The President's Volunteer Service Award 2023 (Given by President Joe Biden)

 Presidents Volunte...

We also have meetings with our members of Congress and Senate, to brief them about the SDG agenda and our progress in our projects.. I also work alongside my fellow SDG ambassadors to collaborate on projects, and how our assigned topic could contribute to creating a more sustainable future for our country and the world.

Link:

<https://unausa.org/2024-2025-global-goals-ambassadors/>

Co Communications Officer for The United Nations Association of the United States of America National Capital Area (Volunteer and part-time)

I help UNA NCA with communications strategies to connect UNA NCA and UNA USA to the United Nations and international audiences. I also communicate UNA NCA's plans and strategies to the American public. I also participate in lobbying congress and senate about our projects in the organization and about issues that affect my community.

I facilitate the organizations strategic communications and I consult the UNA USA director and UNA NCA director about topics related to content development in social media.

IN Network: The National Security Academy (a globally recognized program) (2023-2024)

Communications Coordinator/Public Relations Coordinator & Head Youth Advisor

I served as the PR coordinator and I advised the Office of Countering Violent Extremism Director at the US Department of State, Dexter Ingram. In the program,

Coordinated with fellow advisors in gathering information from young advocates from my assigned region, Europe about what affects the youth in human rights and women's rights. I use the insights I learned from advocates to advise the director on youth issues, national security and human rights. It's been a great learning experience, deepening my understanding of policy formulation and global affairs. I also manage the organization's social media, draft press releases and public relations.

The White House

Interviewer

Interviewed Amanda Mansour, Senior Director of Partnerships & Global Engagement for the National Security Council of the White House. I interviewed Amanda with a fellow member from In Network. We talked about her journey to the foreign service and the White House, to empower youth to let them know about a possible career in the foreign service. We also talked about the importance of youth involvement and women being involved in foreign policy. We also talked about the importance of diversifying the field of national security and the importance of empowering youth to become leaders.

Publications:

Zivvy News

Gen Z Global Youth Advocate Shares How You Can Make a Difference in the World

<https://www.zivvynews.com/p/gen-z-spotlight-global-youth-advocate>

GLOBSEC Transatlantic Think Tank-

I was invited to represent the DMUN Foundation as a guest at the GLOBSEC Forum in Washington, D.C. As a youth-led advocacy group and think tank, DMUN conducts research on preventing disinformation within the transatlantic alliance, which is one of our key focus areas. Our participation in the event aimed to raise awareness about the role of youth in security and to explore opportunities for collaboration with GLOBSEC.

LANGUAGES

English

French (Basic)

Dancer & Contortionist

- Trained by Cirque Du Soleil coaching staff

Competitions

- IDANCE
- Reprerent
- The View and Hit The Floor

TV Shows

- La semaine des 4 Julie
- Breakfast Television Toronto
- The Masked Singer Canada

Links:

https://globally.mn.co/plans/418967?bundle_token=14dfe370d5ea5fd321a324c7c43e987a

<https://www.alexapascual.com/interviewwiththenationalsecuritycouncil>

Training

- The Circus Arts City La TOHU (2019–Present)
- House of Actors (2020–2021)

United Nations Summit of the Future and The United Nations General Assembly UNGA 79 for DMUN Foundation (in collaboration with the UN Youth Office of the Secretary-General)

Youth Delegate (September 20–24, 2024)

As a youth delegate to the Summit of the Future, I represent DMUN, an organization that mobilizes youth worldwide to be involved in foreign affairs. In the organization, I represent American youth as the organization's gender policy advisor.

I was able to lobby dignitaries, government officials, UN senior officials, and stakeholders about what affects the youth in women's rights, the prevention of gender-based violence, the importance of advancing the women's peace and security agenda, and how misinformation could affect our national security. During the summit, I was able to bring the youth's perspective on topics about disinformation, social media, and women's issues.

Link: <https://dmunfoundation.org/newsroom-08072024>

Contributor to the “Youth Input” Policy Recommendation for the Pact of the Future Document for Youth in Governance for The Summit of the Future

Representing the DMUN Foundation in collaboration with the UN Major Group for Children and Youth, I collaborated with stakeholders from the youth division to develop the youth input policy recommendation for the Pact of the Future document, which served as a policy recommendation for youth issues. The document was passed to stakeholders, UN offices, and missions to support the Pact of the Future document adopted during the UN General Assembly.

During the UN High Level Political Forum I was able to take part in bilateral meetings with stakeholders and UN officials to give out the youth input in support for the Pact for the Future representing the youth as a young leader from the US.

Link to our work at the UN website:

<https://financing.desa.un.org/document/dmun-elements-paper-input>

DMUN Foundation

Gender Policy Advisor and US Focal Point

At DMUN we organize Model UN activities for youths who are not in foreign policy, to know about the possibility of having a career in this field. I also advise


the group about the importance of women's rights and female leadership. The insights I learn from members and our advisory board are what we bring up in high-level summits at the UN and the World Bank.

Link to our work at the UN website:

<https://financing.desa.un.org/document/dmun-elements-paper-input>

<https://dmunfoundation.org/newsroom-08072024>

Draft input

 The Report of the Special Rapporteur on Violence against women and Girls...

DMUN Youth Representative to the World Bank and IMF

Youth Delegate to the IMF-World Bank Annual Meetings

I had the honor of representing the DMUN Foundation as its U.S. Youth Representative. In this capacity, I participated in a civil society roundtable discussion with Senior Advisors from the World Bank and had the opportunity to engage with the Minister of Finance of Ireland on youth issues and youth programs within the European Union.

Our discussions focused on fostering collaboration in initiatives that educate young people on foreign policy, equipping them with accurate information to help counter disinformation. This dialogue highlighted the importance of cross-sector partnerships in empowering youth and strengthening global engagement.

United Nations High-Level Political Forum on Sustainable Development (In Partnership with the Office of the Secretary General's Envoy of Youth)

MGCY Youth Delegate (2023-2024)

In my capacity as a youth delegate for the HLPF Summit and the Global Climate and SDG Conference, I had the privilege of collaborating with international advocates on issues of significance.

Participated at the C20 meeting at The Bahá'í International Community office during the UN High Level Political Forum as a young leader from the US. The C20 consists of NGO's from the G20 to represent civil society at the global stage.

Global Network of Political Leaders

International Director for Youth and Gender Affairs

As the International Director for Youth and Gender Affairs. I will be working with a group of young leaders and their team of advocates to further our plan for the improvement of women's rights, the right for women to be leaders in foreign affairs, promote the importance of women's peace and security agenda in the field of national security, to amplify young voices in advocacy/diplomacy, educate people about the right information when it comes to international relations and to promote the importance of protecting women and girls worldwide.

United Nations Association of The United States of America UNA-USA Leadership Summit (Capitol Hill)

Delegate (2023-2024)

I participated in the UNA-USA leadership summit with other young leaders to lobby the US Congress and Senate on policies regarding women's rights, climate change, the economy, and finance. I was also able to lobby the US Congress and Senate about the importance of funding the UN and organizations that support international development. I was also able to update the Congress and Senate about the progress of our constituents in New York and how foreign relations impact them.

NATO Youth Summit

Delegate & Speaker (2023)

I was a panelist with the U.S. Department of State, former Assistant Secretary of State for Europe and Eurasia, Beth Jones and The Department of Homeland Security and National Security Council Official, Russell Travers. During the panel discussion I talked about the importance of female representation in diplomacy. I also talked about the prevention of gender based violence in Ukraine and my time as a youth delegate for The World Bank. I also had the chance to tell my story about my transition from a dancer to a women's rights and youth advocate.

MGCY (Major Group for Children and Youth)

Facilitator for the breakout room, for the "Youth and Global Governance" consultation. In this session, we were able to draft MGCY's policy paper for "The Summit of the Future".

I was able to give policy recommendations to the newly adopted policy "The Pact of the Future" to give the youth input, with MGCY to deliver to the UN Secretary General's office, stakeholders and UN missions.

Selection Committee

NATO Public Forum

Youth Delegate

For the NATO 75th Anniversary which is held in Washington, DC. I was chosen by the NATO Public Diplomacy Division to represent the youth at the NATO Summit and engage with officials about the importance of women's rights and youth empowerment.

World Bank Youth Summit

Delegate (2023-2024)

At the 2023 summit, I was able to have conversations with my youth counterparts, about the protection of women and girls in conflict areas. I was also able to talk to World Bank officials about the importance of implementing resources for youths worldwide to get the proper education. I represented Hallmark International Youth Club (USA Branch) and represented the topic of women's rights and the prevention of gender-based violence.

The theme of the 2024 summit was "Digital Transformation", I specialized in the prevention of misinformation on social media and media outlets, the prevention of misuse of AI in social media, cyber security, digital equity and women's rights in tech. I was also able to deliver a speech about my project with "In Network" on how we amplify youth voices in foreign policy, misinformation and human rights.

United Nations Association of the United States of America

"Press Corps" Member

As a press corps member of UNA USA, my task is to promote the importance of youth empowerment on social media and to coordinate with the communications team of the UN Foundation. Throughout UN Summits our task is to spread awareness in social media about youth leadership and diplomacy. During GES I also got to speak to the UN Spokesperson about issues that affect the youth regarding misinformation, human rights and foreign policy. I also got to share our insights on how we can empower youth to be in journalism and leadership.

Link:

<https://www.alexapascual.com/presscorpsunausa>

MGCY (Major Group for Children and Youth) & UNA-USA Delegate United Nations General Assembly (2023)

I met with other youth representatives from different parts of the world to discuss the significance of human rights and ways to enhance the SDG Agenda.

I participated in conversations with advocates from around the world, UN officials and foreign ministers regarding the importance of engaging youth in preventing climate change, improving human rights, promoting peace and justice, and developing infrastructure.

United Nations High-Level Political Forum on Sustainable Development (in Partnership with the Office of the Secretary General's Envoy of Youth)

Youth Delegate for MGCY (2024)

Representing the youth, I was able to participate in the UN High-Level Political Forum at the High-Level Ministers Meeting. I was also able to participate at the G20 Civil Society Leaders Meeting, where I was able to talk about the importance of the women's peace and security agenda and the prevention of misinformation in the media.

United Nations General Assembly 79th Session "International Youth Conference" Youth in High-Level Spaces

Speaker

I talked about my experience as a youth delegate at the United Nations General Assembly and the Summit of the Future. I also gave insights on my experience of being part of policy discussions, interventions and meetings with dignitaries/officials and stakeholders.

Link:

<https://www.youtube.com/live/vW-TtYRcls0>

United Nations General Assembly "International Youth Conference 8th Edition" Session 6: Implementation of Human Rights in Public Management Instruments: Youth's Voice

Speaker

I spoke in a panel discussion with other young leaders about the importance of human rights and the improvement of the SDG Agenda. The conference was a UNGA side event that highlights the importance of youth leadership.

Link:

<https://drive.google.com/file/d/1TJ98demOCYo52aEqHLR3PNC1DZ5qmiwb/view?usp=drivesdk>

"United To Beat Malaria" UN Foundation Campaign

College Ambassador (October 2023- March 2024)

As a college ambassador representing Indiana University, I empower youth to

advocate for improving the health system and preventing the spread of malaria across the United States and the world. To achieve this goal, I coordinate with United To Beat Malaria and UN Foundation staffers to formulate policies to find different ways to prevent the spread of malaria.

I collaborate with Members Of Congress to identify solutions that amplify youth voices across the State of New York and, in my district, the 12th district of New York.

Furthermore, I aim to increase female representation in politics and advocacy. I also

had a conversation with Congressman Jerry Nadler's office about the importance of amplifying youth voices and the prevention of malaria, for the security of our citizens.

As an ambassador, I also worked with Girl Up staffers to develop policies to amplify female voices locally and internationally.

United To Beat Malaria Leadership Summit, Washington DC

Delegate (March 10, 2024)

As a college ambassador for United To Beat Malaria with the UN Foundation, I met with advocates nationwide to find different ways to prevent malaria. My task is to contribute to a proposal for congress about the prevention of the spread of malaria for the security and safety of our own citizens.

Hallmark International Youth Club USA Branch (2022-2023)

I collaborated with young advocates from around the world, represented women's empowerment, and represented American youth at the World Bank Youth Summit.

-Facilitator and organizer for the Hallmark leadership summit.

NATO Atlantic Forum

Foreign Affairs & International Security Political Writer

The Atlantic Forum seeks to educate and promote cooperation among youth in NATO Allied countries and EU Member countries.

[W](#) Updated draft 1 October, "NATO Combating Foreign Disinformation_ New Poli...

Link:

<https://www.atlantic-forum.com/atlantica/is-china-a-threat-to-nato>

NATO's New Policy on Disinformation and Youth Empowerment (Draft) (Soon to be published)

[W](#) Updated draft 1 October, "NATO Combating Foreign Disinformation_ New Poli..."